ergonomic split keyboard

Goldtouch Adjustable USB

Meets individual body requirements: continuously verticaland horizontal tenting

Ergonomic: less reaching to operate the mouse, comfortable and almost noiseless typing

Keys on the left side: better allocation of work between left and right arm

Additional: wrist rest(BNEGTWR)

Cable length:200 cm

Connection: PS2 and USB

Specifications

Dimensions:	388 x 25 x 178 mm
Weight:	1240 g
Product code:	BNEGTWUS (Multiple versions)

Research
Upper limb musculoskeletal discomfort ratings showed some significant improvements with the use of the adjustable keyboard by the end of the study (Hedge, et all, 2002).

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1. Starting position

2. Option: Wrist rest

3. Black version

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Health & Safety Regulations
The distance between the keys should be between 18 and 20 mm (ISO 9241).The alpha numeric keys of the keyboard have to be separate from the function keys (ISO 9241).Dark keys on a light colour background make reading easier and increases productivity (Snyder, 1990).The middle row of the keys may not be higher than 30 mm, measured from the desk (DIN 2137). The keyboard should have the ability to tilt and be separate from the screen so as to allow the worker to find a comfortable working position avoiding fatigue in the arms or hands. (Council Directive 90/270/EEC).

www.bakkerelkhuizen.com - info@bakkerelkhuizen.com

BAKKER ELKHUIZEN